

HYPOSPADIAS SPECIALTY CENTER

Post-Operative Instructions for Surgery

The night before surgery: The anesthesiologist team will give you a call the evening before surgery to give you specific eating instructions and answer any last minute concerns in regards to surgery. If your surgery (or your sons surgery) is scheduled on a Monday, please expect a call from the anesthesiologist team Sunday evening.

INSTRUCTIONS FOR THE UPCOMING SURGERY

Location:	PARC SURGICAL CENTER 3716 Standridge Drive Suite 100 The Colony, TX 75056 Phone: 469-249-9000
Start times:	Check in time: _____ Surgery starts: _____
Catheter:	The catheter will be in for 7 days with the exception of a 2nd stage repair, in which case it will be in for 14 days. We can remove it free of charge, you may choose to have another health care professional remove it, or you can even remove it at home! If you'd like to do it yourself, ask for instructions and materials! It is important that all bandages are soaked off before the catheter is removed. He can start bathing on day 5.
Wounds:	You should expect plenty of swelling, bruising, and bleeding after surgery. This is normal, and will lessen each day as healing continues. Penis skin is thin and sensitive, so wounds often look more severe than they feel.
Bathing:	He can bathe on the 5th day after surgery. Surgery day is day 1. On day five, he can bathe in warm, soapy water. Soaking will feel good and help with the healing process.
Physical Activity:	For the first 2 weeks after surgery, avoid sports, swimming, straddle toys, bicycles, and anything that puts the weight bearing on the surgical site.
Password to Online Pictures:	“PARC” in all capital letters
Pharmacy Information:	HEALTH ONE PHARMACY 3800 Main St. Suite#102 The Colony, TX 75056 Phone: 214-469-2244